

ORGANISING SECRETARIAT

EUROMEETINGS SRL

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www.euromeetings.it/cross_talks_ern_diabetesity.html

REGISTRATION FEES

Regular participants	€ 150.00 (22% VAT included)
Residents/Trainees/Dietitians	€ 100.00 (22% VAT included)



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EDUCATION



Cross talks between diabetes, obesity and nutrition in renal disease

An educational
event by ERN
and Diabetesity
Working Groups

Local Organisers and Chairs

Philippe Chauveau
Denis Fouque
Anne Kolko
Esteban Porrini

November 8-9, 2018
Paris (France)



Venue:
FIAP HÉBERGEMENT & SÉMINAIRES PARIS
30 rue Cabanis - 75014 PARIS
Room - Bruxelles

GENERAL INFORMATION

Today we are facing a pandemic of Obesity and type 2 diabetes (Diabetes). Worldwide, more than 400 million people have T2DM and about 2 billion subjects are overweight or obese. Both diabetes and obesity are deeply interrelated. Obesity frequently precedes diabetes and many patients with diabetes are obese and have metabolic syndrome. Moreover, diabetes and obesity are two major risk factors for renal disease. Based on these premises, nutrition is a crucial topic today in clinical medicine and in nephrology. Weight reduction induced by specific diets proved to prevent the evolution towards diabetes. Moreover, Mediterranean diets prove to prevent cardiovascular disease. Preliminary studies observed in patients with obesity, diabetes and hyperfiltration, calorie restriction induced weight and GFR reduction. However, many points still need an answer. What diet are to be recommended for patients with renal disease and obesity or diabetes. Can we prevent chronic kidney disease in obesity by reducing weight? What are the benefits of bariatric surgery in patients with extreme obesity and renal disease? Is there any additive effect of exercise and diet in renal disease prevention?

ABSTRACTS

Posters of submitted abstracts are put on display in the foyer of FIAP (in the vicinity of the meeting room)



Cross talks between diabetes, obesity and nutrition in renal disease, Paris, France, has been granted **8** European CME credits (ECMEC®s) by the European Accreditation Council for Continuing Medical Education (EACCME®).

Thursday, November 8

13:45

Meeting welcome
Denis Fouque (France)

14:00-15:30 Session 1 Renal insult of diabetes and obesity

Epidemiology of diabetes and CKD: an international epidemic
Luc Frimat (France)

Renal histology in diabetes
Esteban Porrini (Spain)

Extreme obesity and renal disease
Enrique Morales (Spain)

Coffee break

16:00-17:00 Session 2 Beneficial effects of special diets

Mediterranean diet, cardiovascular and renal disease
Josep Tur (Spain)

Short-term effect of The New Nordic Renal Diet on CKD patients
Louise Havkrog Salomo (Denmark)

17:00-17:30 Lecture 1

Which diet for which CKD stage?
Philippe Chauveau (France)

18:00

Adjourn

Friday, November 9

08:30-09:30 Session 3 Dietary interventions in CKD patients

Dietary evaluation and counseling in obese CKD patients
Lina Johansson (United Kingdom)

How to motivate patients to follow a low protein diet?
Stanislas Trolonge (France)

09:30-10:30 Session 4

Physical Activity

Physical activity and diabetic nephropathy progression
Samy Hadjadj (France)
Physical activity in elderly CKD patients
Daniel Teta (Switzerland)

Break

10:45-11:30 Lecture 2

Microbiote, obesity and renal disease
Björn Meijers (Belgium)

11:30-12:15 Free communications

Determinants of Intraregional Differences in Renal Function in the Northern Netherlands: the LifeLines Cohort Study
Qingqing Cai (The Netherlands)
TGFβ3 as a novel target in obesity and type 2 diabetes-associated kidney failure
Gema Medina-Gómez (Spain)
Post-Transplant Diabetes Mellitus (PTDM): easy to misdiagnose
Karine Moreau (France)

12:15-13:15

Lunch break

13:15-15:15 Session 5 Body composition, renal function and survival in obesity and diabetes

Obesity and renal transplantation
Karine Moreau (France)
Weight change and mortality in CKD patients
Radovan Hojs (Slovenia)
Reducing weight and prevention of renal function loss in obesity and diabetes. The CRESO I and II experience
Matias Trillini (Italy)
Body size, body composition and changes over time in CKD; how to interpret them and what are the clinical consequences?
Juan-Jesus Carrero-Roig (Sweden)

Coffee break

15:45

Conclusions and perspectives
Esteban Porrini (Spain)

16:00

Adjourn

