Cross talks between diabetes, obesity and nutrition in renal disease

An educational event by ERN and Diabesity Working Groups

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Paris (France)

Local Organisers and Chairs
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VENUE
FIAP HÉBERGEMENT & SÉMINAIRES PARIS
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Room - Bruxelles

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REGISTRATION FEES
Regular participants € 150.00 (22% VAT included)
Residents/Trainees/Dietitians € 100.00 (22% VAT included)
GENERAL INFORMATION

Today we are facing a pandemic of Obesity and type 2 diabetes (Diabesity). Worldwide, more than 400 million people have T2DM and about 2 billion subjects are overweight or obese. Both diabetes and obesity are deeply interrelated. Obesity frequently precedes diabetes and many patients with diabetes are obese and have metabolic syndrome. Moreover, diabetes and obesity are two major risk factors for renal disease. Based on these premises, nutrition is a crucial topic today in clinical medicine and in nephrology. Weight reduction induced by specific diets proved to prevent the evolution towards diabetes. Moreover, Mediterranean diets proved to prevent cardiovascular disease. Preliminary studies observed in patients with obesity, diabetes and hyperfiltration, calorie restriction induced weight and GFR reduction. However, many points still need an answer. What diet are to be recommended for patients with renal disease and obesity or diabetes? Can we prevent chronic kidney disease in obesity by reducing weight? What are the benefits of bariatric surgery in patients with extreme obesity and renal disease? Is there any additive effect of exercise and diet in renal disease prevention?

ABSTRACTS

Posters of submitted abstracts are put on display in the foyer of FIAP (in the vicinity of the meeting room)

Cross talks between diabetes, obesity and nutrition in renal disease, Paris, France, has been granted 8 European CME credits (ECMEC®s) by the European Accreditation Council for Continuing Medical Education (EACCME®).